

# STRATFORD CYCLING CLUB

## Rider Information and Parental Consent Form

This form should be completed by parents / guardians of riders participating in coached sessions from a British Cycling qualified coach.

This information will be managed by the Club Welfare Officer and will be used to check and update the contact information on Spond. Any queries or concerns should be directed to the Club Welfare Officer.

A digital soft copy of this form will be held on Spond (accessible only by the coaching team) for easy access by the coaching team in the event of an emergency.

Spond is the central repository used by the coaching team to hold all rider details and coaching certification and communicate with Stratford Cycling Club Junior Community.

### 1 Rider Details

First name:		Surname:	
Gender:	<input type="checkbox"/> Female <input type="checkbox"/> Male	Date of birth:	Age:
Address:		Postcode:	
		Mobile Telephone:	
		Email:	

### 2 Parent / Guardian - Emergency Contact Details

First name:		Surname:	
Relationship to Rider:		Mobile Telephone:	
Email:			

First name:		Surname:	
Relationship to Rider:		Mobile Telephone:	
Email:			

### 3 Medical and Specific Needs

It is the responsibility of a parent / guardian to provide the coaching team with details of any medical or health conditions, allergies, dietary or other specific needs that might affect the rider's ability to participate in cycling. Please note that a coach is unable to provide guidance or make decisions relating to medical or health conditions. If you have any concerns about the rider participating in any form of physical activity, please consult with your GP before signing the consent form.

Please give details of any medical or health conditions, allergies, dietary or specific needs that might affect participation in cycling.

**If none, please sign.**

Please list any medications taken on a regular basis.  
(This information may be required by the emergency services in the event of an accident)

**If none, please sign.**

Please give details of any specific needs that the coaching team should be aware of and what support / modifications are needed.

**If none, please sign.**

## 4 Rider Information

Previous cycling experience?

What other sports do you participate in regularly, and how often?

What would you like to achieve from the sessions?

In the long term, what do you want to achieve from your participation in cycling?

Please detail any other specific information that is relevant to participation in cycling activity sessions.

# 5 Consent for Young Riders to Participate in Coaching Activities

## Parent / Guardian consent

I, being the parent guardian of the child identified below, have read the information on this form and in the following notes give consent for my child to take part in the coaching sessions conducted in a traffic-free environment. I understand and agree that my son/daughter/child in my care, participates in coaching sessions under the instruction of British Cycling coaches entirely at his/her own risk. I have considered the nature of such sessions and have discussed them with my son/daughter/child in my care. I am satisfied that they are sufficiently responsible and competent to assume full and entire responsibility for their own safety under the supervision of a British Cycling coach.

### Notes

- You are giving consent for the child named below to participate in coaching sessions conducted in a traffic-free environment (not on a public highway). However, you should note that, in some instances, it might be necessary for the coach to move riders from one location to another, which may require limited use of the public highway. In these instances, the riders will be under the direct supervision of the coach and it will not be part of a coaching activity. No coaching activities will be conducted on the public highway.
- It is part of the British Cycling Code of Conduct to ensure that reasonable steps are taken to establish a safe environment where young riders can enjoy developing their cycling skills. The parent(s) / guardian(s) are required to remain in the close vicinity of the coaching session and should not leave the area without the consent of the lead coach.
- Young riders are expected to remain in the session from beginning to end, unless they need to leave early. If the rider needs to leave early or is being collected by someone other than the parent/carer, the parent/carer must advise the lead coach.
- Any young riders who persistently misbehave or put others in danger will be asked to leave the sessions and will not be allowed to attend in future.
- It is the parent's / guardian's responsibility to ensure that his/her child's bike is in a safe condition to ride. All riders must wear a cycling helmet at all times during the coaching sessions.

Please ensure that any medical conditions your child has/you feel the coach should know about are adequately explained in Section 3 of this form. If you have any concerns about your child participating in any form of physical activity, please consult your GP before giving permission for your child to take part in the coaching sessions.

In order that medical information is regularly updated parents/carers will be required to complete a new consent form every 2 years. During the in between period if there are any changes to your child's health we would ask that you notify the Club as soon as possible.

Type of Consent		Circle as Appropriate	
Consent for participation in coaching activities in a traffic-free environment.		Yes / No	
Consent for moving from one location to another on the public highway.		Yes / No	
Consent for appropriate photographs and videos for coaching purposes and publication.		Yes / No	
Name:			
Relationship to rider			
Signature		Date:	
Welfare Officer name:	Darren Sherriff		
Welfare Officer signature		Date:	

